**Supplementary Information Form**  **BA (Honours) in Counselling and Psychotherapy - BA1**

**Name of Applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

If you are an applicant who is **currently a student** of the Higher Certificate in Counselling Skills – **DO NOT COMPLETE THIS FORM**

If you are an applicant who has **previously completed** the Higher Certificate in Counselling Skills – Complete **Sections A and B.**

**Section A**

**1. Personal Details**

|  |  |
| --- | --- |
| **Name** |  |
| **Address** |  |
| **Date of Birth** |  |
| **Age** |  |
| **Contact Number** |  |
| **Email** |  |

**2. Employment Details**

Supply details of employment and professional experience.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  | From | | To | |
| Job Title  Nature of work/training | Name of organisation | Full-time or  part-time | Month | Year | Month | Year |
|  |  |  |  |  |  |  |

**3. Education and Training**

(i) Formal Education – there is no need to include any details here. This will already have been addressed by you in the main online application process.

(ii) Training in Counselling/Psychotherapy (if any, including short courses)

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| Training Organisation | Full/Part  Time | Course Title | Qualification | Date | Duration |
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## (iii) Other Relevant Training (if any)

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| Training Organisation | Full/Part  Time | Course Title | Qualification | Date | Duration |
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**4. Personal Development**

(i) Personal Development Programmes undertaken as a participant

(Individual counselling/therapy may be included here)

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| Description of Programme | Duration | Facilitating Organisation |
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| (ii) Briefly outline how you have changed and learned through these personal development opportunities and how you would hope to use this course to progress your personal development further.  (type here) |

**5. Experience**

(i) Counselling/Psychotherapy experience (including current involvement)

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| --- | --- | --- | --- |
| Dates | Number of hours per week | Nature of counselling | Organisation or  place of work |
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(ii) Other Relevant Experience

|  |  |  |  |
| --- | --- | --- | --- |
| Dates | Number of hours per week | Nature of counselling | Organisation or  place of work |
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**6. Have you previously applied for the BA (Honours) in Counselling and Psychotherapy** **BA1 and BA2?** Yes No

If yes, please indicate the year \_\_\_\_\_\_\_\_\_\_

**7. Have you previously been offered a place on the B.A (Honours) in Counselling and Psychotherapy BA1 and BA2?**Yes No\_\_\_\_

If yes, please indicate the year\_\_\_\_\_\_\_\_\_\_

**8. In what year did you complete the Higher Certificate in Counselling Skills at CIT/MTU?**

Please indicate the year\_\_\_\_\_\_\_\_\_\_

**Section B**

**1. Personal Statement in support of your application to the** **B.A. (Honours) in Counselling and Psychotherapy - BA1 and BA2**

Write a 1,500 word statement assessing your readiness to engage in the B.A. (Honours) in Counselling and Psychotherapy - BA1 and BA2. Address each of the areas listed below.

Bear in mind that the ‘readiness’ issue is strongly focused on readiness to work with ‘real’ clients, which is an essential aspect of BA1. As you address each of the components you are encouraged to make links between your reflections and your assessment of yourself as a potential practitioner in the near future. It is important that you consider potential challenges and obstacles in each area as well as your capacities and strengths.

**(i) Personal Process/Capabilities**

1. Self-awareness
2. Personal maturity
3. Emotional stability
4. Self confidence
5. Personal therapeutic work

**(ii) Conceptual Capabilities**

1. Understanding of the theoretical concepts and models taught on the One Year Certificate in Counselling Skills and the Higher Certificate in Arts in Counselling Skills.
2. Evidence of integration of concepts and theoretical models that assist in bringing about self-understanding and insight
3. Use of concepts and theoretical models to guide in the counselling skills and experiential group process

**(iii) Interpersonal and Skills Capabilities**

1. Interpersonal capability
   1. Appropriate contactfulness, presence, interactiveness, warmth, empathy, awareness of impact of self on others and vice versa
   2. Interpersonal boundaries - appropriate differentiation of self and others - without enmeshment or disengagement.
2. Awareness of the unique requirements of the counselling relationship and ability to create and offer an effective relationship to a client.
3. Ability to make effective use of relevant counselling skills in order to facilitate client’s presenting issues.
4. Awareness and insight into personal process and how it impacts on therapeutic work/relationships

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| --- |
| **Personal Statement (1,500 words)**  (type here) |